

ENTERTAINMENT PROGRAM

MARCH 2020

Monday

08:30
SUN SALUTATION –
STRETCHING WORKOUT
Wellness center Zala

10:30
HIGH-INTENSITY
INTERVAL TRAINING
Gym

12:00
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

13:30
PANTOMIMO
Wellness center Zala

15:15
WALK BY
BUTTERFLY PATH
Reception

17:00
ZUMBA
Gym

18:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

Tuesday

08:30
EASY MORNING WALK
WITH STRETCHING
Reception

10:30
MORNING WORKOUT
Gym

12:00
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

13:30
FAMILY GAMES
Wellness center Zala

15:15
WATERPOLO
COMPETITION
Indoor pool

17:00
NORDIC WALKING
Reception

18:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

20:00
MOVIE NIGHT –
COMEDIES
Wellness center Zala

Wednesday

08:30
HIGH-INTENSITY
MORNING WORKOUT
Wellness center Zala

10:30
ZUMBA
Gym

12:00
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

13:30
TWISTER TIME
Wellness center Zala

15:15
WALK TO CHURCH
ST. JAKOB
Reception

17:00
ZUMBA
Gym

18:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

Thursday

08:30
EASY MORNING WALK
WITH STRETCHING
Reception

10:30
MORNING WORKOUT
Gym

12:00
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

13:30
CART TOURNAMENT
FOR EVERYONE
Wellness center Zala

15:15
WATER GAMES
Indoor pool

17:00
NORDIC WALKING
Reception

18:00
FARM MARKET
Lobby in front of the restaurant

18:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

20:00
MOVIE NIGHT
Wellness center Zala

20:00
SLOVENIAN EVENING
Café

Friday

08:30
HIGH-INTENSITY
MORNING WORKOUT
Wellness center Zala

10:30
ZUMBA
Gym

12:00
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

13:30
INDOOR GAMES
Wellness center Zala

15:15
WALK AROUND
TOPOLŠČICA
Reception

17:00
MINI DISCO
Wellness center Zala

18:00
FARM MARKET
Lobby in front of the restaurant

18:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

20:00
DUO
MANCA & MONIKA
Café

Saturday

08:30
EASY MORNING WALK
WITH STRETCHING
Reception

10:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

12:00 - 15:00
CREATIVE
CORNER
Wellness center Zala

15:15
WALK TO CHURCH
ST. JAKOB
Reception

17:00
MINI DISCO
Wellness center Zala

20:00
FAMILY MOVIE NIGHT
Wellness center Zala

20:00
ENTERTAINMENT
MUSIC EVENING
Café

Sunday

08:30
TIBETAN EXERCISES
FOR GOOD MORNING
Wellness center Zala

10:30
DYNAMIC WORKOUT
IN WATER TO MUSIC
Indoor pool

12:00 - 15:00
CREATIVE
CORNER
Wellness center Zala

